

If you have any further questions about Navio or partial knee replacement surgery, please contact:

What to expect from your Navio robotics-assisted partial knee replacement

SPACE FOR FACILITIES CONTACT INFORMATION



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Partial Knee Replacement

Partial knee replacement is an alternative to total knee replacement for patients indicated with early to mid-stage osteoarthritis that is generally limited to one compartment of the knee. The procedure removes and replaces the damaged portion of the knee with an implant, sparing the cruciate ligaments that are vital for knee stability, and preserving healthy bone and cartilage. In contrast to those who undergo total knee replacement, partial knee replacement candidates may benefit from:

- + Less pain¹
- + Quicker recovery²
- + Lower risk of complications²
- + Shorter hospital stay³



Using traditional surgical methods, cutting blocks are placed on the thigh bone (femur) and shin bone (tibia) to help direct a surgical saw in removing the diseased bone and cartilage. This method has been considered technically challenging, as accurately placing these blocks can be difficult. In recent years, advanced surgical techniques using robotic assistance have been developed to provide a higher level of precision and consistency⁴.

Navio Robotics-Assisted Partial Knee Replacement

The Navio® Surgical System provides robotic assistance through an advanced computer program that relays precise information about your knee to the robotic tool to aid the surgeon during the procedure. By collecting patient-specific information, boundaries are established for the robotic handpiece so the surgeon can remove the damaged surfaces of your knee, balance your joint, and position the implant with great precision.



Preparation

Follow your physician's instructions for how to prepare leading up to surgery. Some surgeons may request thorough medical and dental evaluations. Remember to let your doctor know if you are taking any medications.

Consider how the surgery and recovery process will affect your daily activities. Move items and furniture in your home so they are easier to access while your mobility is limited. Remove clutter and obstacles that could be tripping hazards. Have a plan; preparing meals ahead of time and arranging visitors to help with everyday chores will make your recovery smoother.

What to Expect in Surgery

The surgeon will typically make a 4" - 6" incision along the front of your knee, just to the side of the knee cap, to access the damaged area and inspect the knee. Special markers (arrays) are secured to both the thigh bone (femur) and shin bone (tibia) with four, 4 mm pins that are placed through small incisions in the skin. The arrays are crucial to the precision of the system as they provide a constant reference point for the computer navigation as the surgeon collects your anatomical data and prepares the joint surfaces.



The anatomical data collected is used to generate a 3-dimensional model of your knee, which the surgeon uses to precisely plan your partial knee replacement. With Navio, proper implant placement and knee balance, important to a successful surgery, are first achieved virtually.



When the surgical plan is set, Navio's robotic handpiece assists the surgeon to accurately resurface the joint as he or she guides the instrument over the femur and tibia. After the damaged bone and cartilage have been removed and the implants are in place, the incision is thoroughly cleaned and closed to complete the procedure.



Navio® Robotic Handpiece

